

MARSING RURAL  
FIRE DISTRICT

# Marsing Ambulance

Procedures – Intravenous  
and Intraosseous



# Objectives

## IV'S

- Vein locations
- Angles of attach
- Flash! – Not Gordon
- Threading
- Floating

## • IO'S

- Landmarks
- Drilling for oil – no not that deep
- Step by step
- Checking placement
- Lidocaine?





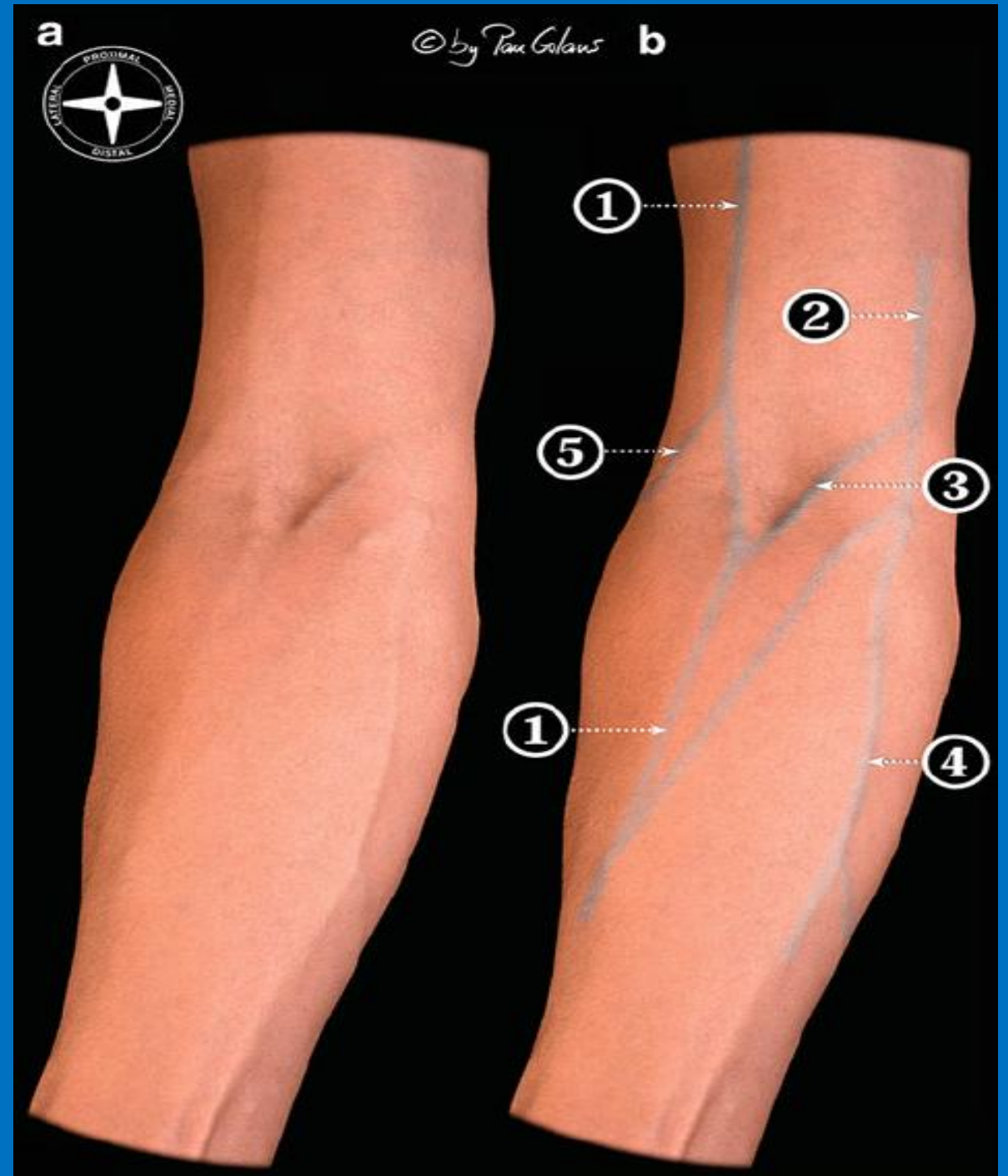
# Location of Veins

TheProcedureGuide.com

Catheter may  
kink at the wrist

A good needle  
entry point can  
be at the  
confluence of  
veins as it's a  
large target and  
won't move as  
much

Keep in mind  
the amount of  
length needed  
for the catheter  
hub/adapters,  
otherwise they  
can stick out  
and cause  
problems



# Steps

- Place the tourniquet
- Assess the arm
- Start distal and work proximal
- Feel don't look
- Pick the right size needle

Size	Color	Recommended use
14G	Orange	In massive trauma situations.
16G	Gray	Trauma, surgeries, or multiple large-volume infusions
18G	Green	Blood transfusion, or large volume infusions.
20G	Pink	Multi-purpose IV; for medications, hydration, and routine therapies.
22G	Blue	Most chemo infusions; patients with small veins; elderly or pediatric patients
24G	Yellow	Very fragile veins; elderly or pediatric patients



# Entry Points





# All about the hold

Control the arm

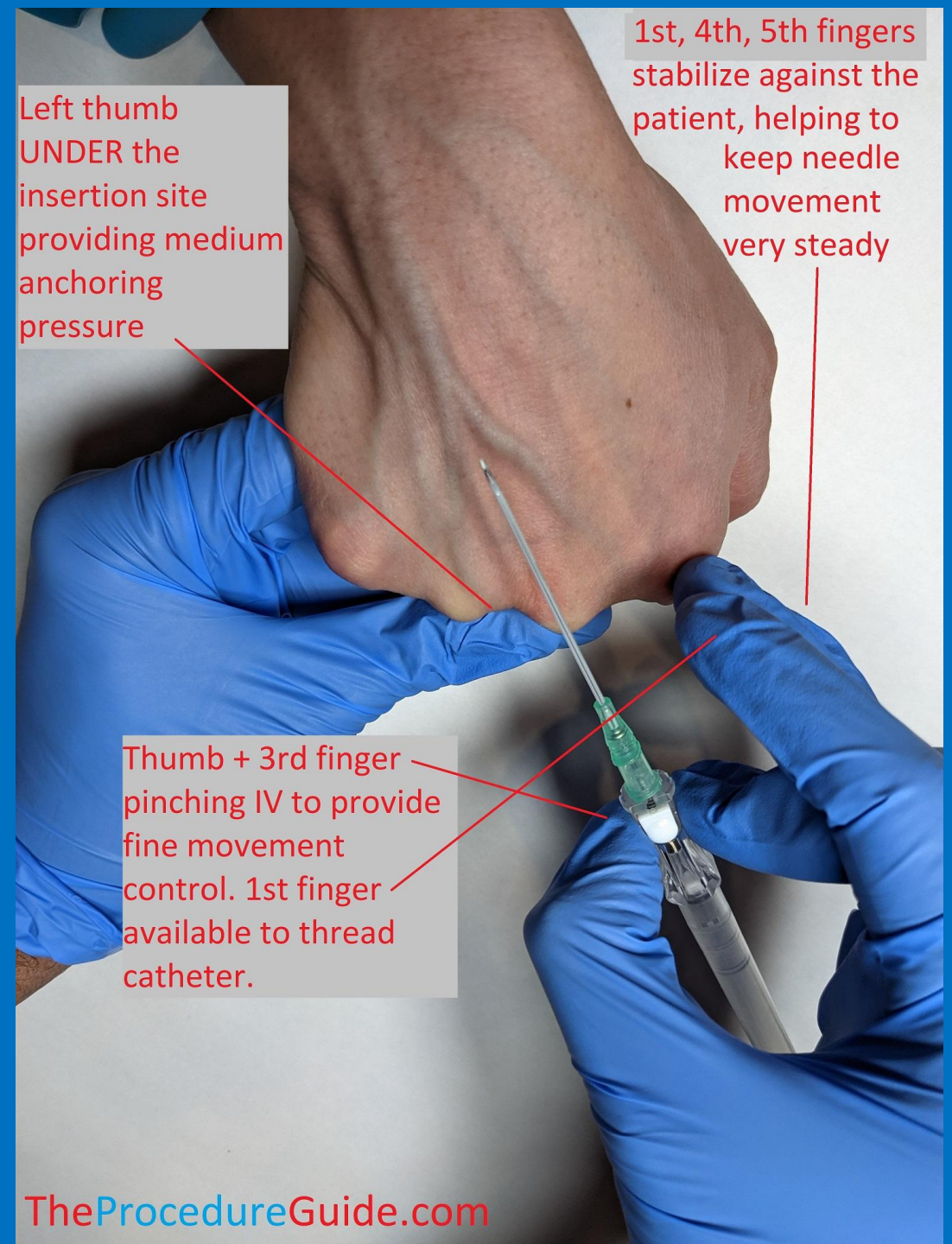
Control the vein



# All about the hold

Control the arm

Control the vein



# Steps

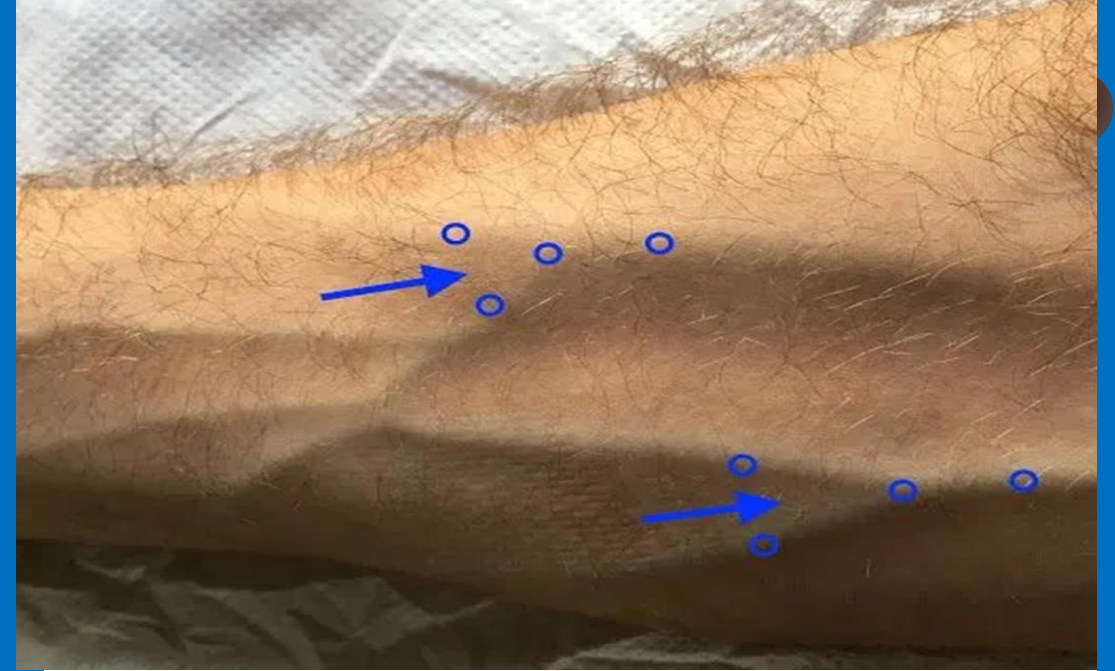
- Tourniquet – tight enough to occlude veins but not arteries – single loop/quick release
- Cleanse with alcohol wipe – circular motion
- Retract the skin
  - Resistance/vein control
- Push cath off of needle but don't remove needle
- Remove tourniquet
- Occlude the cath tip
- Pull the needle and place IV tubing
- Flush/tape



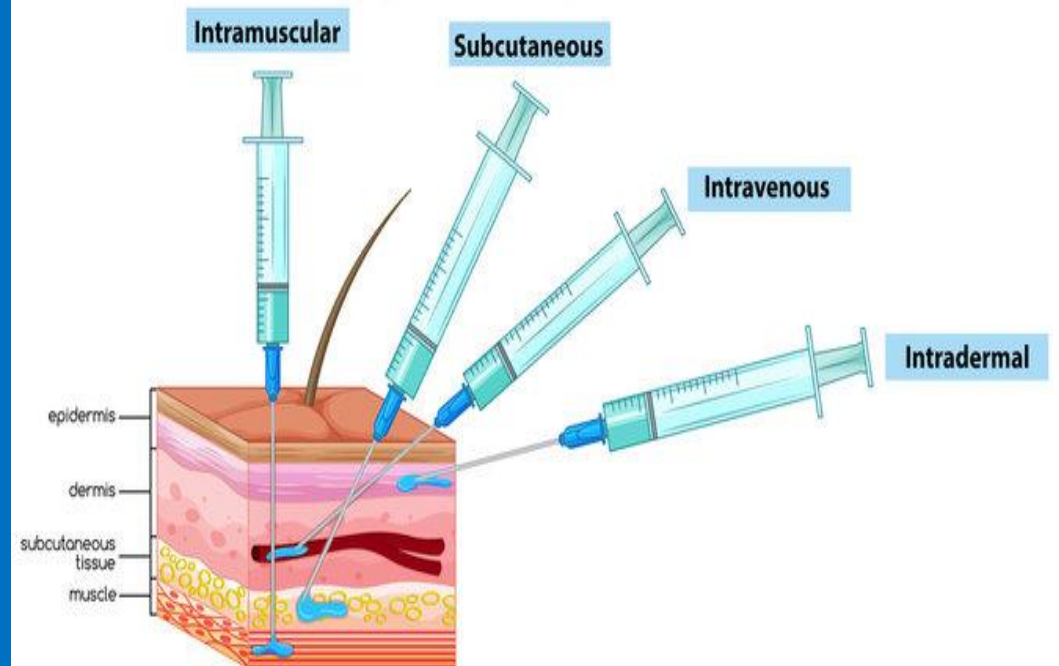


# Angle of attack

- Approx 15- 20 degree entry
- Direct to vein vs bifercation
- With flash – stop entering and drop to skin level (direct vein)



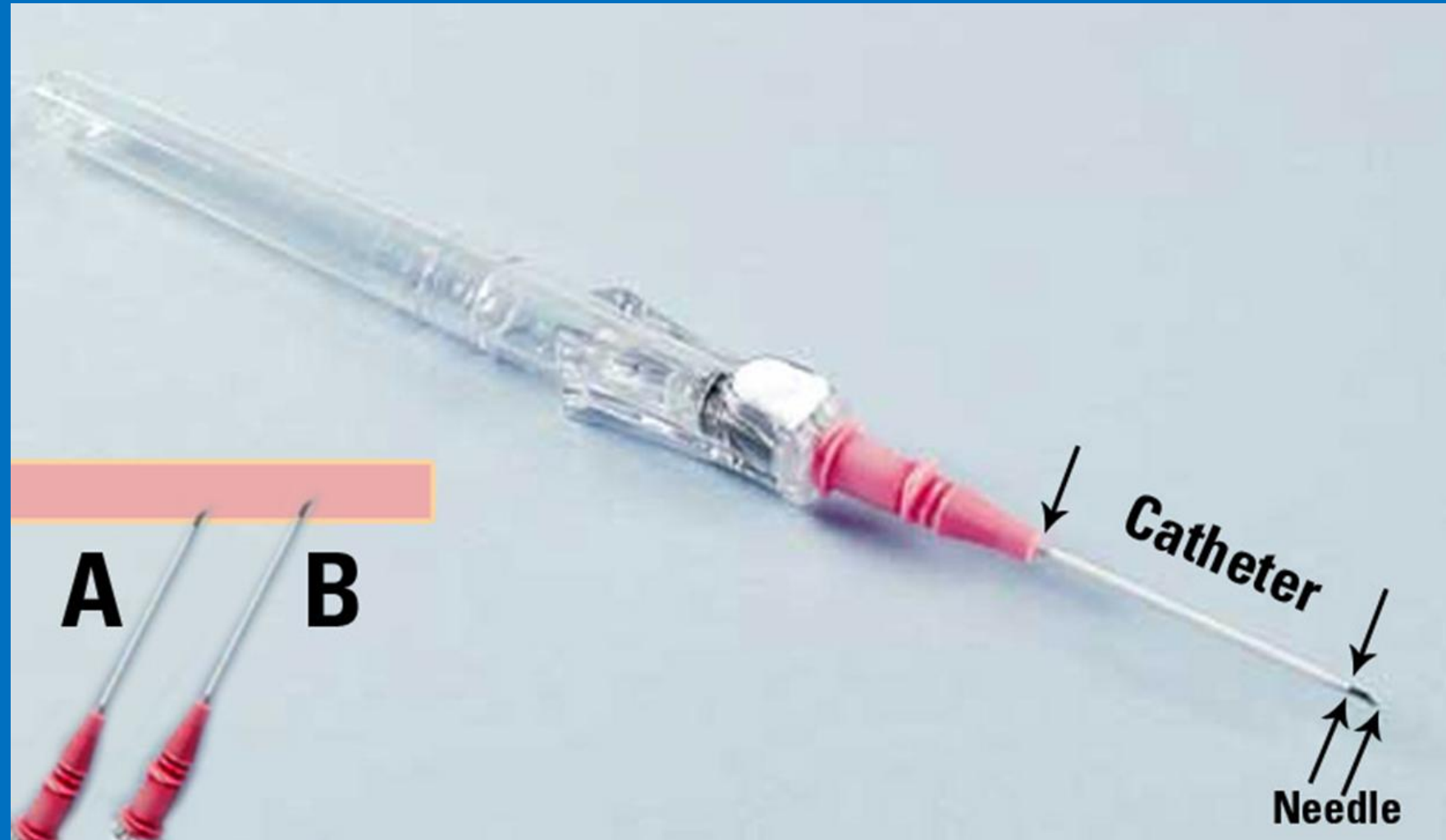
## Types of Injections



# Angle of attack

Advance to clear the  
tip of the catheter

Let's look at the  
cath



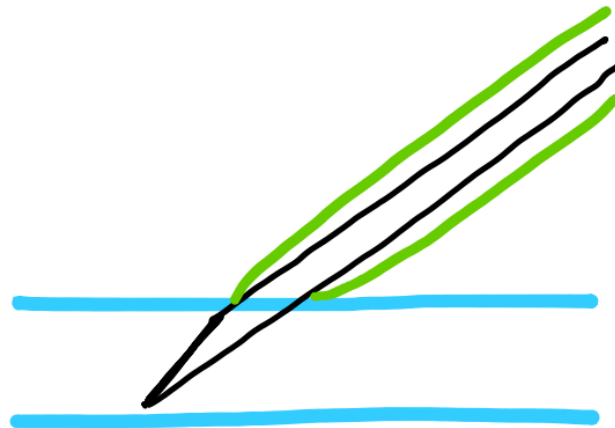
# Angle of attack

Advance to clear the tip of the catheter

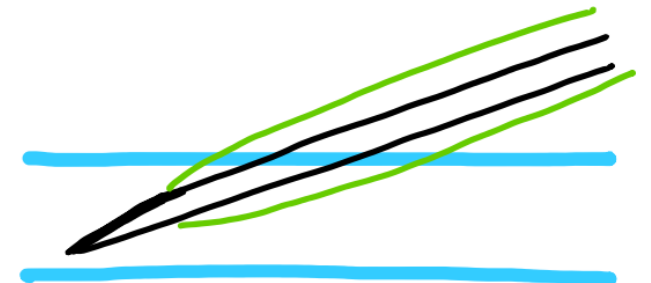
Let's look at the cath



TheProcedureGuide.com



Catheter still outside of vein



Flattened needle, advanced slightly,  
hub inside vein



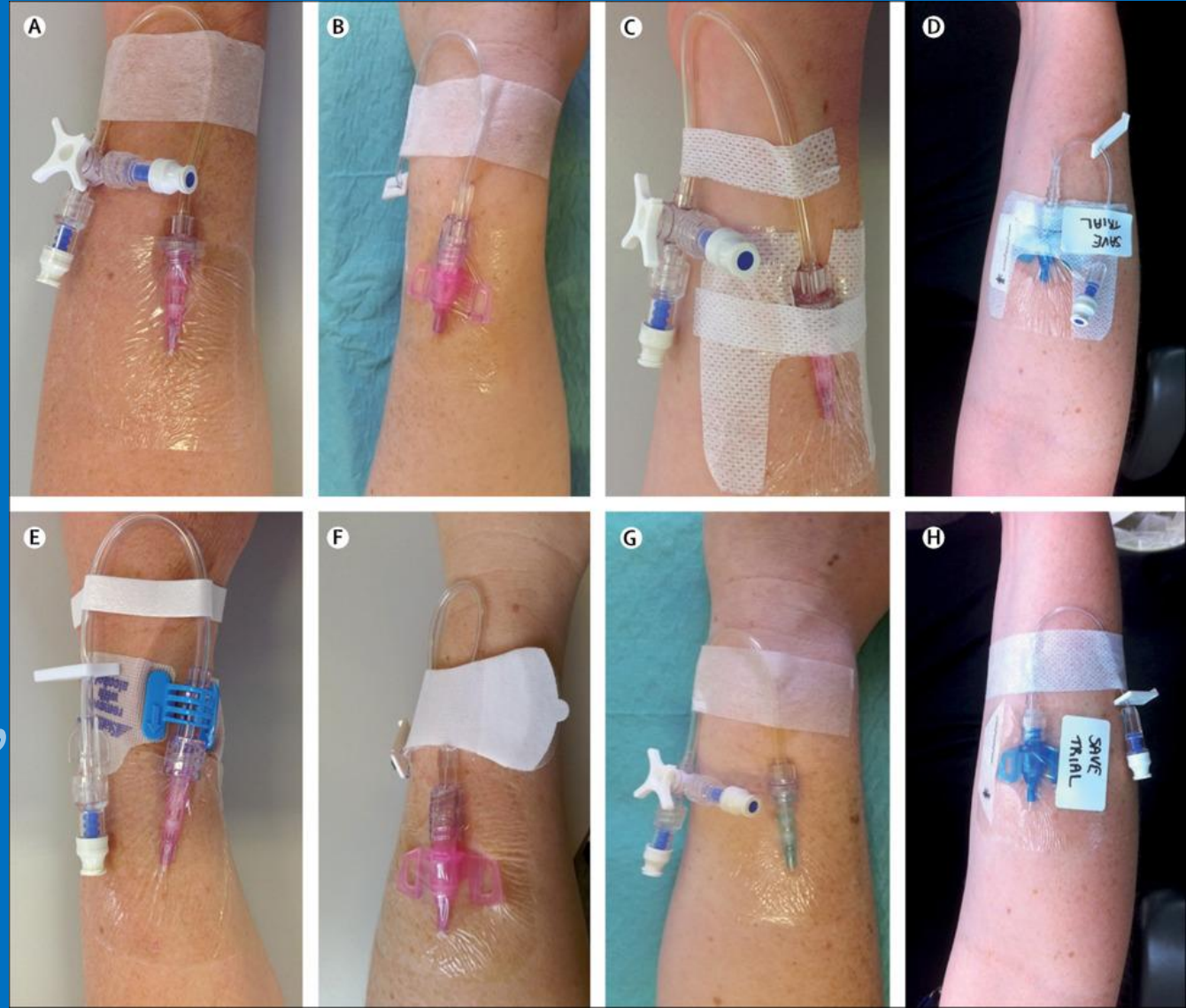
# Threading

- Hold everything still and use your index finger to push the catheter forward off the needle



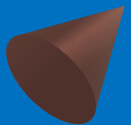
# Connecting to tubing/taping

- Proximal occlusion
- Connect and flush
- Avoid circumferential taping
- Fragile old skin – less tape, more dressing



# Oops – how do I fix this?

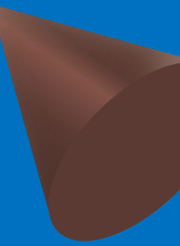
- Valves prevent the catheter from going all the way in
- Flushes but won't advance
- Won't flush unless you pull back slightly
  - Attach syringe and try advancing while flushing
  - Catheter does not have to be all the way in – secure it well!
- Through the vein – needle feeds off but no blood return
  - Attach a syringe, easily draw backwards until blood return is achieved (tip is in the vein)
  - Advance and rotate
  - Attempt to flush – no infiltration? – you're good







Practice practice practice  
Practice practice practice



# Intraosseous

Who said drills were just for wood?

2007 study – 87% success rate for field IO placement in infants under 2 y/o

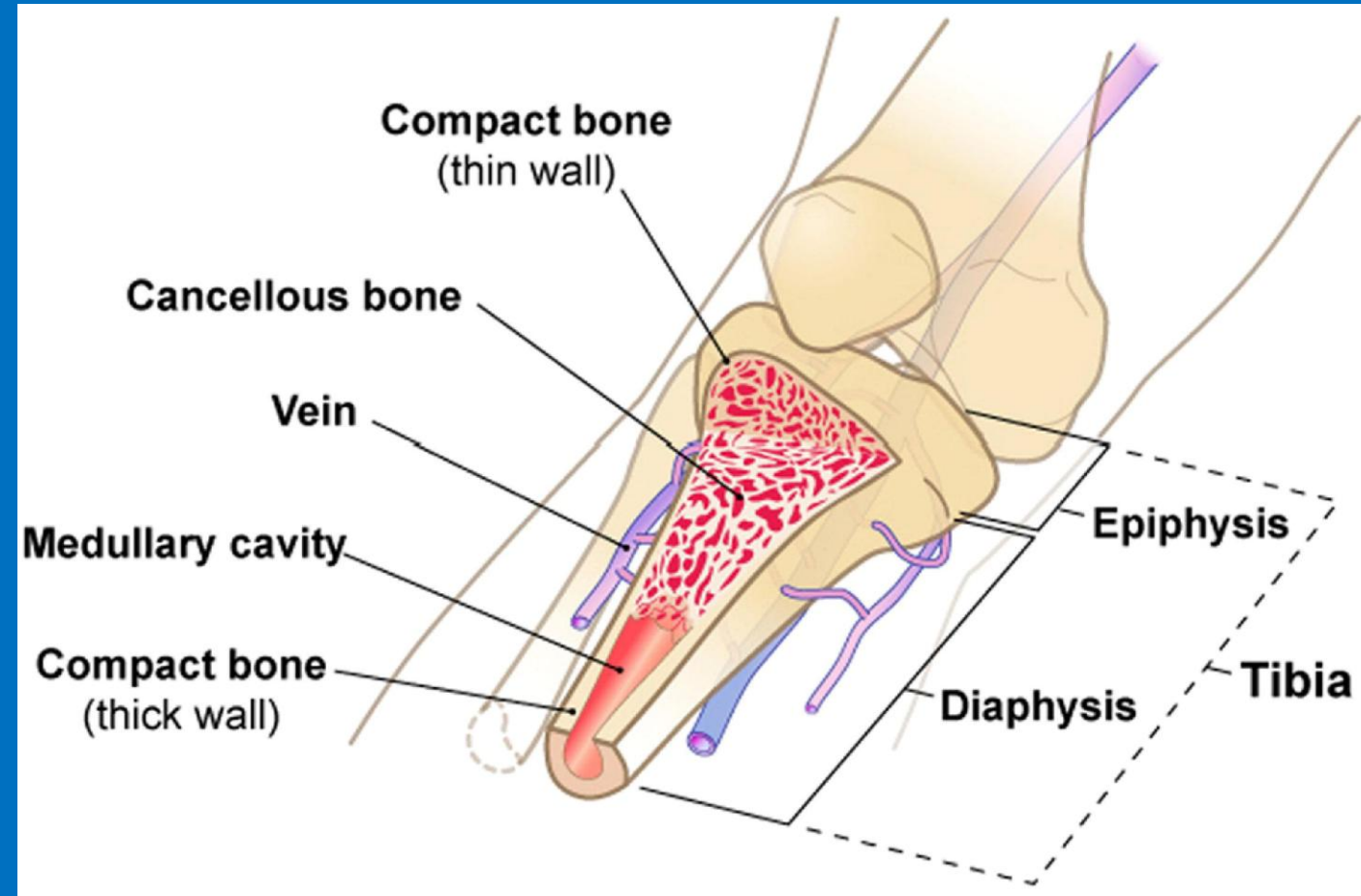
In a trial comparing success rates and time to insertion between IO and peripheral IV access among children requiring fluid resuscitation for severe dehydration in a hospital setting, the IO route was successful within five minutes for 100 percent of patients, as compared with 67 percent success within five minutes for peripheral IV placement

IO vascular access was achieved in less than one minute for 85 percent of cases in a prospective report evaluating the time to insertion and success rate of IO cannulation in a variety of prehospital settings

In an observational study of 95 pediatric emergency department patients receiving IO placement with a battery-driven device, successful insertion and infusion were achieved in 94 percent of individuals. Insertion time was 10 seconds or less in 77 percent of the one-attempt successful cases

# Anatomy...again

- Cancellous bone
- Medullary cavity
- Pressure gradient – trapped fluid under pressure diffuses into the veins

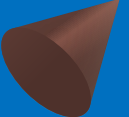




# Protocol

- Indications

- Patient who needs infusion therapy or medication administration urgently
- Unable to obtain peripheral IV and patient has an altered mental status (GCS of 8 or less), respiratory compromise, hemodynamically unstable (BP <90mmHg), or in cardiopulmonary arrest



For a conscious patient, administer 20-40mg of LIDOCAINE 2% over 30-45 seconds, wait 20-60 seconds then flush with normal saline

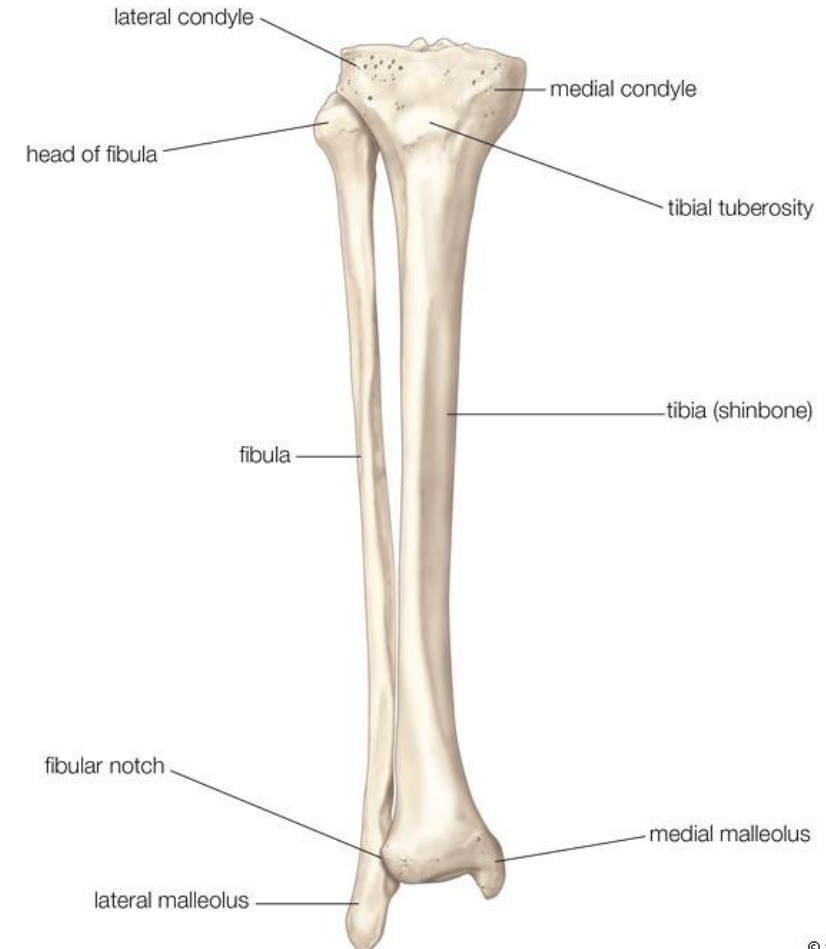
For a conscious pediatric patient, administer 0.5mg/kg of LIDOCAINE 2% over 30-45 seconds, wait 20-60 seconds then flush with normal saline.

- Contraindications

- Fracture of the tibia, femur, or humerus
- Previous orthopedic procedure (knee or shoulder replacement) or IO within 24 hours
- Infection or burn
- Inability to locate landmark due to:
  - Significant edema
  - Excessive tissue

# Landmarks – Proximal Tibia

- Medial and distal of tibial tuberosity
- 1 to 2 cm (one finger breadth) below the tibial tuberosity and up to 1 cm medially on the tibial plateau



# Landmarks – Proximal Humerus

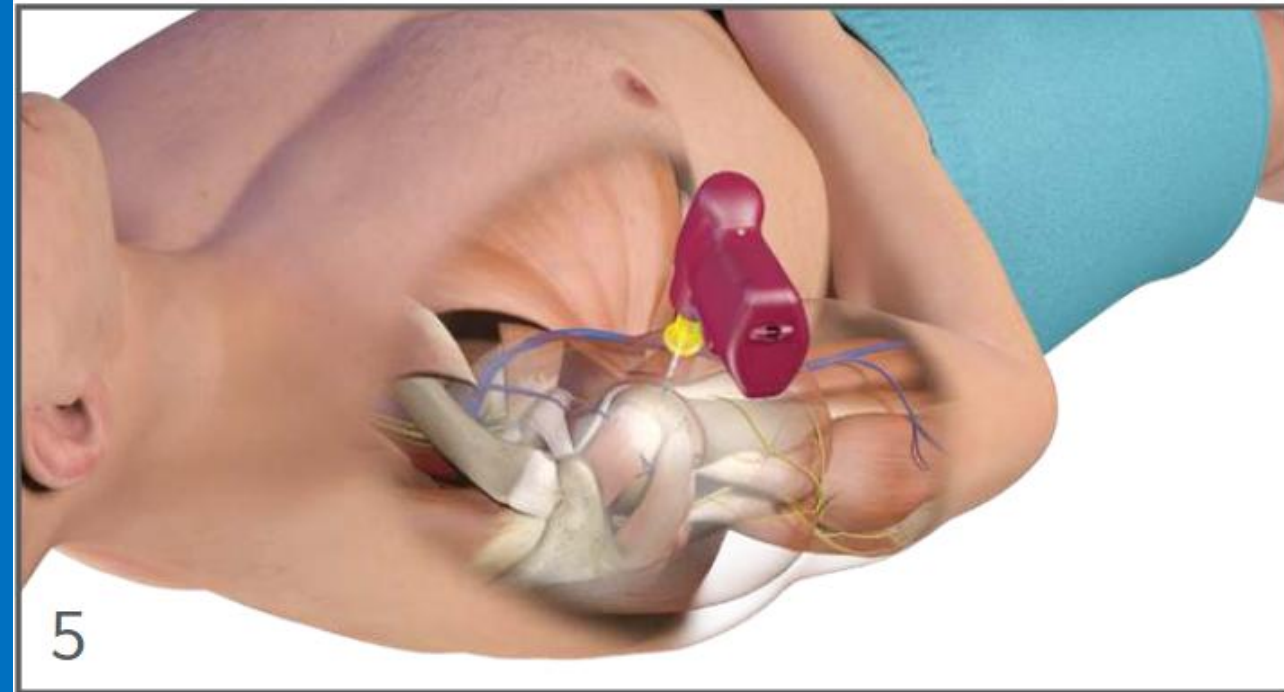
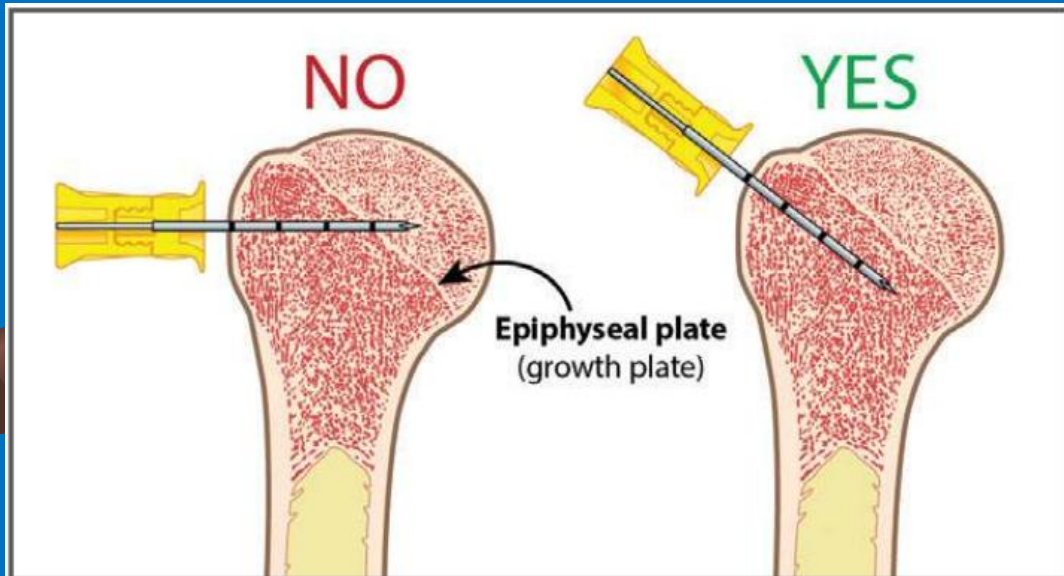
- Appropriate for IO placement in skeletally mature adolescents and adults
- Pt's hand on the umbilical
- Tuck elbow to body
- Causes a rotation of the humoral head to make it more pronounced
- The greater tubercle of the proximal humerus is located approximately 2 cm below the acromion process





# Landmarks – Proximal Humerus

- Insertion angle - Point the needle tip at a 45-degree angle to the anterior plane and posteromedial



# Insertion – Proximal Tibia



# Insertion – Proximal Humerus

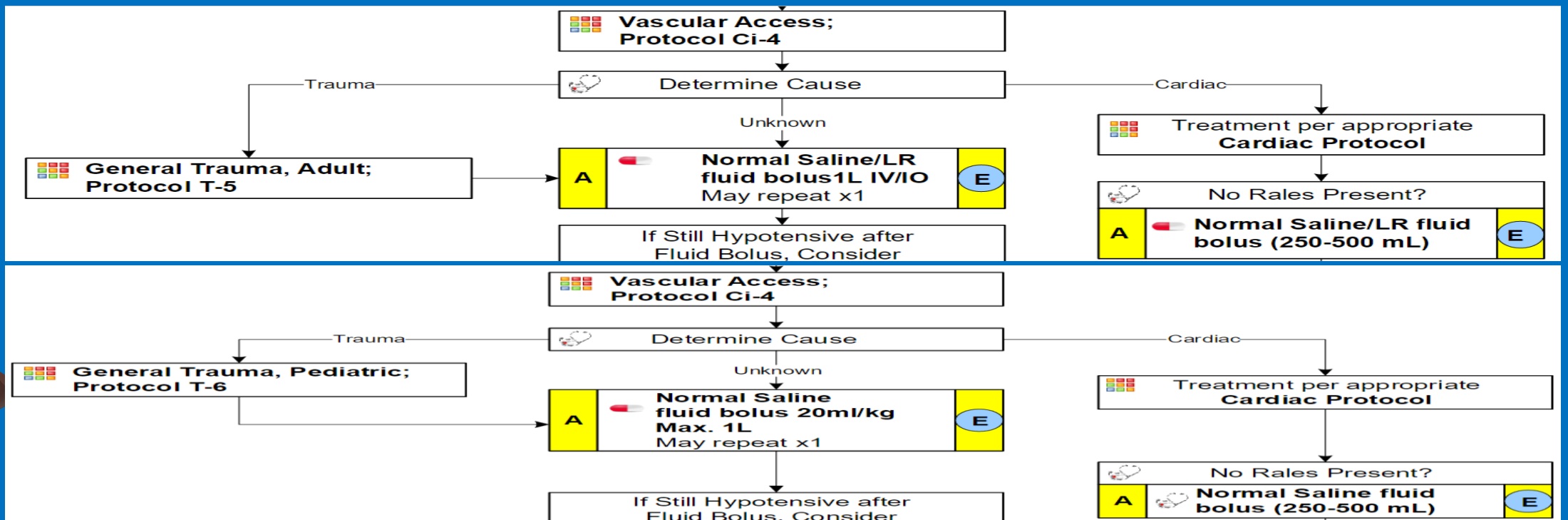
ARROW EZ-90

Proximal Humerus

Site Identification/Insertion – Cadaveric

# It's in...now what?!

- Infusion will likely require pressure – firefighter IV pole squeezing bag or BP cuff on bag
- Watch site for swelling – discontinue use if uncertain – drill another location
- Be mindful of your infusion volumes – especially in peds!
- Protocol for hypotensive shock:





yep – you guessed it...

Practice practice practice practice

practice practice practice practice

